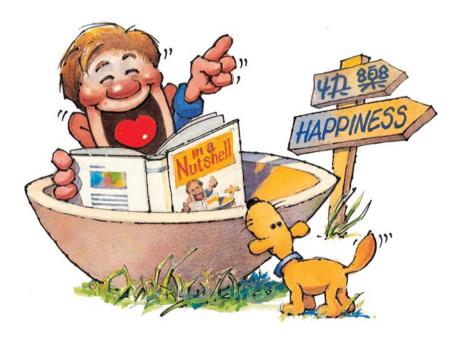
快樂箴言

Happiness in a Nutshell



安德魯·馬修斯 ANDREW MATTHEWS

鄧碧霞譯



快樂箴言 Happiness in a Nutshell



獻給 我摯愛的妻子-茱麗。 謝謝妳給予我靈感,推動我去創作這本小書, 也謝謝妳爲我編輯及整理這本書。

Dedication:

To my precious wife, Julie: Thank you for your idea to create this little book, and thank you for editing and putting it together!

Happiness in a Nutshell

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安德魯·馬修斯 written and illustrated by Andrew Matthews

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通常,要一切從新開始, 最理想的起點, 就是你現在身處的地點!

下次改換住址之前, 先考慮改變自己的想法!

當你改變, 你的環境也跟你一起改變。 這是不變的定律。



//sually, the best place to make a new start is where you are!

Before changing your address, consider changing your thinking!

When you change, your situation changes.
It is law.

我們都會失敗。

但是失敗並不使人感到痛苦。 痛苦是因為你知道 你並沒有全力以赴。



We all fail.

But it is not failing that hurts. What hurts is knowing that you didn't give your best.

憑著自律去做 你不喜歡的小事 -

將來才會有你喜歡的大事 等著你去做。



Have the discipline to do little things you don't like -

and you can spend your life doing the big things you do like.

快樂? 我哪有時間去快樂!

