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About the Author

Mat Auryn is a witch, professional psychic, and occult teacher based in New England. He has been drawn to the occult and metaphysical since an early age, reading books on witchcraft at eight years old. He is an initiate of Black Rose Witchcraft, the Cabot Tradition of Witchcraft, and the Temple of Witchcraft. He is currently a high priest in the Sacred Fires Tradition of Witchcraft. Mat has had the honor and privilege of studying under

Christopher Penczak, Laurie Cabot, Devin Hunter, Storm Faerywolf, Chas Bogan, Jason Miller, and other prominent witchcraft teachers and elders. He runs the blog *For Puck's Sake* on Patheos Pagan, is a content creator for *Modern Witch*, writes a column in *Witches & Pagans* magazine entitled Extrasensory Witchcraft, and writes a column in *Horns* magazine. He has been featured in various magazines, radio shows, podcasts, books, anthologies, and other periodicals. Mat was the very first recipient of the “Most Supportive Witch Award” presented by *Witch Way* magazine for helping others in the witchcraft community and going above and beyond to make other witches feel like they are not alone.

Mat has had the honor of helping thousands of people throughout the world gain clarity through his skills of psychic ability and tarot reading over the last decade. Mat teaches various metaphysical and occult subjects such as psychic development, magickal empowerment, working with spirits, divination, energy healing, lucid dreaming, divination, and astral projection. To find out more about him and his work visit www.MatAuryn.com.

psychic WITCH

A Metaphysical
Guide to
Meditation,
Magick &
Manifestation

MAT AURYN

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MAT AURYN

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In Memory of Raven Grimassi

(1951–2019)

“If the art of Witchcraft can be reduced to one aspect, it would be the achieving of altered states of consciousness ... On a deeper level, we can add trance (induced by whatever means) and psychic

development. Such states of consciousness allow the Witch not only to perceive things behind their veneer but also to reshape reality in an experiential sense.”

—Raven Grimassi

*The Witches' Craft: The Roots of
Witchcraft & Magical Transformation*

DEDICATION

This book is dedicated to the four largest influences on my magickal path, in chronological order: Silver RavenWolf, Christopher Penczak, Laurie Cabot, and Devin Hunter.

Silver, your work opened up a world of possibilities when it came to magick and witchery for me as a child. Your work alone was a gateway that jump-started my path of spirituality. Most of all, I learned not to limit my dreams based on what seemed “realistic.” As a child, I would tirelessly (and sometimes obsessively) copy the information from your books with that little crescent moon on the spine into my own notebooks and eventually my first personal Book of Shadows. I dreamed of someday writing and publishing my own book with that Llewellyn logo on it, and here I am with my own, having achieved what seemed unrealistic. Thank you for the

monumental impact that your work has had on my generation of budding witches and those before and after me.

Christopher, you reawakened my passion for witchcraft and psychic ability, and your work has brought it to the next level for me. In many ways, this book is my love letter to *The Inner Temple of Witchcraft*, a book that completely changed my personal practice in profound ways. Despite being a living occult encyclopedia, you're able to take very complex topics and break them down in an easy-to-understand manner to ensure your readers and students understand the concepts. Your ability to stay humble and grounded are qualities that I'm continually striving for. You have been a spiritual role model, a mentor, a friend, and an older brother, and I am a better person and a better witch because of it. The friendship and guidance that you provided during the writing of this book is priceless. Xoxotl forever!

Laurie, this book wouldn't exist without your pioneering work to combine psychic ability and witchcraft together. In my eyes, there is no one else who exemplifies the psychic witch more than you. It has been a great honor to take classes with you and to chat with you between readings at Enchanted. You predicted that this book would

exist, and as always, you were right! Thank you for all the work you've done to educate the world about what witchcraft truly is, and for not only setting an example that psychic ability and magick are real, but for having people prove it to themselves in your classes. Devin, when it comes to magick and witchcraft, I'm not sure I've ever seen eye-to-eye with anyone as much as I do with you. I definitely believe we're cut from the same cloth. You have invested outrageous amounts of time and energy into my training. You never gave up on me, you took the time to ask me questions and check in on me when I was off, you've called me on my crap, you've motivated me, you've encouraged me, you've tested me, you've held up mirrors, you've supported me, you've pushed me to grow, you've challenged me, you've inspired me, and you've also known when to give me space, when to trust my own capability, and most of all you never stopped believing in me or my potential. Many friends and acquaintances have commented that I'm an entirely different person inside and out and that I've grown and shifted immensely in positive ways as a person since I've started training with you. If that is true, a majority of that is solely due to your mentoring. I am extremely honored to have you as a friend, mentor,

and co-conspirator.

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CONSECRATION

This book is consecrated in the name of He who sees the past, present, and future with perfect clarity, who holds the key to time, and wears the lemniscate crown.

This book is consecrated in the name of She of the crossroads, mistress of all arcane arts, who holds the keys to all worlds, and wears the ouroboric crown.

Hail to the great psychic and the great witch.

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FOREWORD

“Our third-eye lets us see energy, if we are open to it. For

most people this is a foreign concept, but once you let go of your prejudices and self-imposed limitations, you will open to this talent.”

E

—Christopher Penczak, *Spirit Allies*

Embracing your power and path as a psychic being can be the most rewarding experience a witch can have in their lifetime. When we finally suspend our disbelief long enough to hold close the simple truth that to be a witch is to be psychic incredible things start to happen. Throughout the darker points in history, wielding such gifts as mediumship, prophecy, aura reading, and even vivid dreaming would likely lead others to consider you a witch.

Being psychic is not as glamorous as we are led to believe from watching television and reading blogs, though. Simply having the gift doesn't mean you can do anything useful with it, and knowing where to begin the process of developing that gift into something meaningful can be a daunting task—so daunting that many never even scratch the surface of what they are capable of becoming. Like many others, I found myself exploring witchcraft and the occult as a means of understanding my natural gifts, but there wasn't much information to find. Witches were always described as,

and expected to be, these mystical figures with uncanny psychic ability, but I wasn't necessarily finding that to be true once I was on the inside.

I discovered that just because witches were expected to be psychic, that didn't mean that they were naturally gifted at being psychic. What's more, teaching someone how to use their natural abilities, when present, was a difficult task at best. The majority of people writing on the subject developed the ability to be psychically sensitive through their studies in the occult. Those who did have a deeper level of understanding often did not identify as witches and did everything they could do to separate themselves from the label. As Paganism and the occult began to reemerge onto the spiritual scene, there was a great importing of ideas, philosophies, and practices from groups and cultures that had already embraced the psychic. This went a long way in helping us piece together practices that could be applied to our work in the Craft, but still remained something separate from it, and if you wanted to go deep with the practices of psychic development, you still needed to look outside of the Craft for help.

It has only been in recent history that this has started to change, as authors like Laurie Cabot, Silver RavenWolf, and Christopher Penczak (to name a few) have leaned in on the conversation and have helped to bridge the gap between psychic development and modern witchcraft. What we

have learned from their work and that of their contemporaries is that these two worlds weren't always separate and, in reality, they quite naturally fit together. Psychic ability is something inherent in every witch; it merely needs to be nurtured. Like most skills, it is something that witches have the ability to do, it's just that some of us have a knack for it, while others struggle to find their compass.

In this book, Mat Aurn continues this conversation with the goal of helping us find that compass, no matter our skill level or natural predilections. He puts his years as a professional psychic and witch to use and takes on the challenge of laying out a digestible yet detailed exploration of psychism as it relates to witchcraft, and he succeeds beautifully. What we find in this book is a well-researched and intimate look at tying the pieces together to not only sharpen our senses, but to enrich our magick as well. Those approaching the subject for the first time will find a rich repository of practices and knowledge that will help to awaken dormant psychic abilities and put them to good use in their craft. This isn't apparent just in his attention to detail, but in the slivers of gnosis that Mat wraps up in every topic. We the readers are treated to an intimate look at a fundamental praxis that could only come from years of personal development and experimentation.

Those who are naturally gifted or who are taking their practice to the next level will find that Mat's own natural abilities as a psychic have given him unique insight: insight that proves to be informative and inspiring time and time again.

What sticks out most in this book is the emphasis on fusing the landscape of psychic development and witchcraft into a single practice. As I mentioned earlier, when I began my studies books like this did not exist. We had to go outside of witchcraft to find our answers. Here, we are finally given a manual on how to have an authentic witchcraft practice that includes psychic ability as a basic component.

Mat is part of a new generation of witches who continue to carry the torch of spiritual development into the twenty-first century, bridging the old-school and the new. Some will see his use of terms like brainwave entrainment, the Shadow Self, synchronicity, and reality mapping as too New Age. Others might find subjects like the Three Souls, quintessence, True Will, and the Witch Fire to be too dark and witchy. In the past, these were things that would remain separate from one another, but here they are woven together to create a tapestry of practices that have the potential to truly change your craft, no matter where you are starting from. These things are not presented to add fluff or to make our author sound smart; they are

there to hold together the fundamental aspects of embracing our potential and taking our witchcraft to a whole new level.

In his professional life, Mat has spent years working with the public and helping seekers like you and me find the answers we were looking for.

Sometimes this comes in the form of a reading, sometimes a class or a blog, but Mat's love of service and commitment to helping others is always present. As a student within Sacred Fires, he has surpassed my wildest expectations as his mentor, and I find myself in awe of his work and his continual progress. He is always moving forward, always ready to get his hands dirty and tackle difficult subjects—all while being there for his fellow students and tradition-mates as they do the same. He is the genuine deal; a real psychic witch who has built a life on being helpful to those in need.

In this book you will not find a bunch of spells to fix your problems; I think the title probably gave that away. What you will find, however, are tools that will help you to unlock your potential as a witch. Our problems in life are usually tied to that very thing: not living up to our potential. It isn't easy; it is actually some of the most difficult work we can do, but Mat knows this and takes us where we need to go with perfect love and perfect trust in our ability to succeed where we may not have before.

With the mind of a scholar and the heart of a coach, Mat provides us with a new take on often complex and complicated subjects and gives us the keys to unlocking their power within. Rooted in the old mysteries, flavored with the new, *Psychic Witch* is the book I wish I had had all those years ago; it skillfully continues the discussion of psychism in the Craft like no other book before.

Devin Hunter

Author of the Witch Power series

Founder of the Sacred Fires Tradition of Witchcraft

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INTRODUCTION

For many people, the words *psychic* and *witch* are seen as words reserved for fiction. The words may conjure up ideas from movies and television such as *American Horror Story*, *Salem*, *The Craft*, *Chilling Adventures of Sabrina*, or perhaps the witches of *Hocus Pocus*, or maybe even fraudulent scam artists pretending to be psychic. Though it is not my intention to prove that both psychic ability and magickal ability are real on blind faith alone, let me assure you that they are. My goal is not for you to just take my word for it, but to have you prove this to yourself through direct experience by the time you come to the end of this book.

Psychic and Magickal Power Is Our Birthright

In both psychic and magickal circles, there's quite a bit of gatekeeping. This is unfortunate. Gatekeeping is best defined as an attempt to control and limit who can be a part of a certain group or activity. There's a strong notion that you can only be born with magickal or psychic aptitude. While you definitely can be born with a predisposition to these realms, just as one might be born with a predisposition to art or athletics, it is definitely not the only way to attain them. In fact, it often becomes a form of lazy elitism to make such statements. Just as with art or sports, continual training, dedication, and practice are necessary for development and maintenance. I once had a client in a psychic reading who kept referring to my "gift," saying that I was the one with a gift that they claimed they did not have. I kept reassuring them that it's not necessarily a gift, but an ability that must be developed and continuously worked at to help maintain and strengthen it. This client didn't seem to believe me at first but I reassured her that it was absolutely true. I invited her to one of my psychic development workshops in which I taught psychic techniques, many of which I am sharing in this book. I had her prove to herself that anyone, even she, could be psychic. This excited her greatly and put her on a quest to learn more and more, and to keep working at it. She is now a professional psychic

reader a few years later.

Some folks will say that these are things that must be passed down genetically in the family or that only certain groups, cultures, ethnicities, or genders can possess these abilities. This is absolutely incorrect. Not only do we see magick and psychic ability universally throughout history in both genders, but as humans, we all share a common ancestry—one that if you trace it far back enough is pagan and magickal. So let me make this crystal clear: anyone can perform magick and everyone is psychic. Magick and psychic ability aren't supernatural but rather completely natural and absolutely possible for every single human being to engage in. We were born to embrace our full potential, to use all of our abilities, and to experience and interact with the world around us to the fullest degree possible.

Combining Psychic Power and Witchcraft

Both *psychic* and *witch* are heavily charged words, so much so that many people

who are psychics or witches try to dodge the words altogether. They may find other words to be more comfortable and accepted by outsiders—words such as *intuitive*, *empath*, *Pagan*, or *energy worker*. However, one of the problems that I often find is that through the toning down of these labels